



RULES

Azores Triangle Adventure 2025

When successfully registered for the event, each participant automatically accepts the rules of the Azores Triangle Adventure (TA). The organizer reserves the right to make specific changes whenever necessary, which will be communicated as soon as possible. Suppose there are any spelling errors or doubts about the running regulations or rules translated into English from Portuguese or any other type of error. In that case, the regulations and rules in Portuguese shall prevail.

1. CONDITIONS FOR PARTICIPATION

The Azores Triangle Adventure is a Trail Running race with **three stages (Stage Race)**;

- **From Vineyards to The Mountain (Pico Island)**
- **Fajãs Trail (São Jorge Island)**
- **Volcanoes Trail (Faial Island)**

The events occur in Pico, São Jorge, and Faial, in the Azores Archipelago. Each athlete can sign up only for the event in stages, not separately.

1.1. MINIMUM AGE OF PARTICIPATION IN DIFFERENT RACES

The minimum age for participation in any race is 18, completed by the day of the race.

1.2. REGULARIZED REGISTRATION

Signing up for the Azores Triangle Adventure or the events that make it up implies understanding and accepting, without reservation, the rules and regulations of the event.

The participant must fill out the Liability Commitment during the Check-In at the event office.

1.3. PHYSICAL AND MENTAL CONDITIONS

Each athlete must be fully aware of the need to be in a physical condition appropriate for the characteristics of these highly demanding events, which combine the hardness of the terrain with many up and down and long miles to complete in unpredictable weather conditions (exposure to sun, rain, cold, wind and fog), which can be adverse and eventually variable throughout the race.

Each athlete must assess their ability to be self-reliant on the mountain that allows them to adequately manage problems intrinsic to this type of challenge, such as extreme fatigue, digestive issues, muscle and joint pain, and injuries.

It is recommended that all participants perform a sports medical examination that attests to their aptitude for carrying out this type of physical activity.

At any time, before or during the race, the organization reserves the right, if it so chooses, to remove an athlete if they show any sign of a condition that puts their health or welfare at risk.

Participants must know how to face physical and mental problems resulting from extreme fatigue, digestive and joint problems, muscle pain, etc.

It is recommended that all participants perform a sports medical examination that attests to their aptitude for carrying out this type of physical activity.

1.4. DEFINING THE POSSIBILITY OF EXTERNAL ASSISTANCE

External assistance is allowed for participants only at the aid stations, as defined by the organization.

1.5. Bib Number IDENTIFICATION

Bib Number identification is personal and non-transferable. It must be visible throughout the race and always positioned over the clothing.

1.6. SPORTS CONDUCT RULES

An athlete will be punished with disqualification for any sign of unsportsmanlike conduct being revealed.

Omissions to this regulation will be resolved by the organization, which, for this purpose, must provide the respective knowledge to interested parties in the most appropriate way. These are the privileged vehicles of information transmission, the official website, and the event's Facebook page.

The **Azores Triangle Adventure** is an event that promotes and emphasizes, above all, fair play and respect for nature.

2. EVENT

2.1. PRESENTATION OF THE RACES / ORGANIZATION

The Azores Triangle Adventure is a trail-running sporting event that will take place in the islands of Pico, São Jorge, and Faial, in the Azores Archipelago from October 24 to October 26, 2025, and which will consist of 4 races:

Azores Triangle Adventure 3 stages (Stage Race):

- **From Vineyards to The Mountain (Pico Island October 24)**
- **Fajãs Trail (São Jorge Island October 25)**
- **Volcanoes Trail (Faial Island October 26)**

Organization

The Azores Triangle Adventure is organized by the Clube Independente Atletismo Ilha Azul (CIAIA), with the NIPC: 512030286 and its headquarters at Rua Capelo Ivens, Apartado 194, 9900 Horta, Açores.

Race Leadership

The race director will be Mario Leal, founder of the event and "Ultra-marathon runner."

Limit of participants

Due to logistical reasons, the Azores Triangle Adventure by stages is limited to 80 participants.

Description of the event and the routes

The Azores Triangle Adventure will consist of a race divided into three competitive stages:

Azores Triangle Adventure 3 stages (TA) - Island of Pico, São Jorge, and Faial;

This race is a combination of the three races. They are approximately 85 km, accumulated at the end of the three days.

2.2. PROGRAM / SCHEDULE

Participating athletes who wish to use the organization's transportation must present themselves at the place and time indicated on the event's official website.

The program on the official Azores Azores Triangle Adventure website (www.azorestriangleadventure.com) shows the date and time each race starts.

Any change in the program/ schedule will be emailed to the runners. We recommend that you check regularly.

2.3. MAP / DISTANCE/ALTIMETRIC PROFILE / ROUTE DESCRIPTION

All information is available online at:

<https://ridewithgps.com/events/162358-azores-triangle-adventure-2024>.

All races have technical difficulties, including walking trails with steps, dirt, stones, pastures, and roads.

The organization marks the route with flags. It is imperative to follow the marked paths without taking shortcuts.

If you stop seeing signs for approximately 200 meters, you should turn back until you find the respective signs again. Common sense must prevail.

2.4. TIME LIMIT

The routes, times, and places of passage control may undergo adjustments until the race date, depending on climatic and terrain contingencies.

Any athlete who shows up at a checkpoint after the set time will have their bib number removed by a member of the organization and must abandon the race as there will be no further assistance from that point on, either for the organization or for the assistance services, it is not possible to guarantee their safety.

Any athlete who, on their initiative, decides to withdraw from the race must inform the organization to prevent the assistance services from focusing their attention on an allegedly missing athlete, neglecting support for those athletes still in the race.

2.6. TIME CONTROL METHODOLOGY

An electronic time-tracking system will be used. The athlete's time control process will be done using chip readers at some places on the course and antennas and mats in other places.

The chip will be attached to the back of the athlete's Bib Number.

2.7. CONTROL STATIONS / CHECKPOINTS

Checkpoints are mandatory crossing points located in places the organization outlines. The crossing checkpoints may undergo adjustments until the race date, depending on climate and terrain contingencies.

There will be other points, at places not disclosed by the organization, to control the correct route compliance by the athlete (manual control). Failure to pass one or more checkpoints will disqualify the participant. The initial and final control will be done using an electronic chip.

<u>1st stage - From Vineyards to The Mountain (Pico Island October 25)</u>		
Control Station / Checkpoints	Distance	Time Barrier
<u>Start - Clube Naval da Madalena</u>	0 km	10 min
CP1 <u>Criação Velha</u>	13,2km	2:00h
Finish <u>Casa Da montanha</u>	25km	5:00h

<u>2nd stage - Fajãs Trail (São Jorge Island October 26)</u>		
Control Station / Checkpoints	Distance	Time Barrier
<u>Start São Tomé</u>	0 km	10 min
CP1 <u>Loural</u>	9 km	2:30h
CP2 <u>Serra do topo</u>	15,2 km	5:00h
Fajã dos Cubres - Finish	24,4 km	7:00h

<u>3rd stage - Volcanoes Trail (Faial Island October 27)</u>		
Control Station / Checkpoints	Distance	Time Barrier
<u>Start - Vulcão dos Capelinhos</u>	0 km	10 min
CP 1 <u>Tanque da Levada</u>	11,5 km	2:30h
CP 2 <u>Parque do Cabouco</u>	24,5 km	4:30h
<u>Finish - Ribeirinha</u>	34,9 km	7:00h

2.8. SUPPLY LOCATIONS / EXTERNAL SUPPORT

The Aid Stations will provide participants with food and drinks

2.9. MANDATORY MATERIAL / RECOMMENDED MATERIAL / VERIFICATION OF MATERIAL

On registration pick-up day, the athlete must sign the mandatory material verification form at the office for the race in which they will participate.

At the beginning, during, and at the end of any of the races, it can be verified by members of the organization whether each athlete is accompanied by the mandatory material listed below:

Mandatory Material (All stages)
Bib number (provided by the organization) - to be placed in a visible position during the entire route
Backpack or similar equipment
Water bottle or the equivalent of 0.5-liter capacity, minimum
Thermal blanket (min. 100 x 200 cm)
Windbreaker / waterproof jacket
Operational phone (with sufficient battery and credit time)
Backup food supply
Whistle
Cup (the organization will not give away cups at supply stations)

Recommended Materials
Poles
Windbreaker / Waterproof pants *
Cap/Beanie/Scarf/Bandana *
Gloves *
Clothing covering limbs *
Sunscreen
Change of clothes
Cash amount (for any unforeseen event)

* depending on weather conditions, the organization may require

- Any participant who starts the competition with poles must transport them to the finish line. It is strictly forbidden to access or abandon the poles anywhere on the route.

- For security reasons, participants are advised to check their material to confirm that it is in perfect condition for the race.

2.10. INFORMATION ON CROSSING PLACES WITH ROAD TRAFFIC

During the events, there is the possibility of road traffic occurring, as can be seen in the maps of the route of the events in Courses, so athletes should be aware and take precautions).

2.11. PENALTIES / DISQUALIFICATIONS

Infringement	Penalty
Lack of element of the mandatory material	Penalty for each missing element 30'
Lack of more than three elements of the mandatory material	Disqualification
Refusing verification of mandatory material	Disqualification
Not completing the entire course	Disqualification
Littering on the trail or disrespecting the environment	Disqualification
It is strictly forbidden to have access to or abandon the poles anywhere on the route.	60' Penalty
Not having the bib number visible	15's Penalty
Alterations to the BIB number identification	Disqualification
Refusing to show Bib Number	Disqualification
Ignoring the organization's	Disqualification
Having any unsportsmanlike conduct	Disqualification
Not passing the mandatory checkpoints	Disqualification
Refusing to assist another participant in evident difficulty.	Disqualification
Abandoning the race without notifying the organization.	Disqualification and preventing participation in events organized by this organization for one year.
Fraud (e.g., using transport, sharing or changing the Bib Number identification, etc.)	Disqualification and preventing participation in events for one year.

2.12. RESPONSIBILITIES FOR THE ATHLETE / PARTICIPANT

Participants registered for the Azores Triangle Adventure agree to participate voluntarily and under their liability in the competition. Therefore, they agree not to claim or demand from the organization, employees, authorities, sponsors, and other participants any liability towards them and their heirs in everything that exceeds the coverage of their responsibilities, that of their employees and participants.

2.13. SPORTS INSURANCE

The organizer takes out civil liability and personal accident insurance for the duration of the event. This insurance guarantees the coverage of your responsibilities, those of your employees and participants.

The insurance conditions can be read from the following links (Civil Liability and Personal Accidents).

3.3. REGISTRATIONS AND CONDITIONS FOR RETURNING THE REGISTRATION FEE AMOUNT

TRIANGLE ADVENTURE 3 STAGES	
15/01/2025 - 29/06/2025	30/06/2025 - 15/10/2025
345 €	395 €

The organizations reserve the right to refrain from refunding the registration fee for already confirmed athletes, even in early withdrawal cases.

The refund can only be requested when a participant has proven:

1. Severe unexpected illness, pregnancy, serious injury, or death of the person or a person close to them or their substitute in the workplace, making the presence of the insured person essential there.
2. Severe damage to the property of the insured person in their place of residence due to fire, storm, theft, or water damage, making their presence indispensable at the residence;
3. Cancellation must be requested by email.

In case of a change of course or cancellation of any events, whether due to adverse weather conditions or other reasons of force majeure impeding the completion of these events, the registration fees will not be refunded, mainly when the authorities prevent the performance of the race.

3.4. MATERIAL INCLUDED / NOT INCLUDED / EXTRAS WITH REGISTRATION

3.4.1. Azores Triangle Adventure (3 STAGES TA) INDIVIDUAL

Includes:

- Bib number (is personal and non-transferable)
- FerryBoat transfers between the islands
- Bus transfers during the race
- Sports Insurance
- T-shirt
- Aid Stations throughout the race
- Finisher award (to all athletes who completed the three stages)

3.4.2. INDIVIDUAL STAGES

- Bib number(is personal and non-transferable)
- Sports Insurance
- T-shirt
- Aid Station throughout the race
- Finisher award

It does not include:

- Accommodation
- Air connections
- Maritimes connections

3.5. RACE OFFICE / TIME AND PLACE

The office will initially operate in Horta from 3:00 p.m. to 10:00 p.m. on 23/10/2025 at the beginning of each stage.

3.6. AVAILABLE SERVICES

3.6.1. BUS TRANSFER (only for athletes)

24 of October 2025 (Friday)

From 01.00 p.m. - From the Mountain House to the Village of Madalena (the bus will take departure when complete)

25 October 2025

9.00 am - Velas Maritime Terminal to Topo

From 04.00 p.m. - Fajã dos Cubres to Velas (the minibus/van will take departure when full)

26 October 2025

10.00 a.m. - Horta Maritime Terminal to Capelinhos Volcano

From 04.00 p.m - Ribeirinha to Horta

3.6.1. BOAT TRANSFERS

24 of October 2025 (Friday)

- From Horta (Faial Island) to Madalena (Pico Island)

25 October 2025

- From Madalena (Pico Island) to Velas (São Jorge Island)

26 October 2025

- From Velas (São Jorge Island) to Horta (Faial Island)

4. CATEGORIES AND AWARDS

4.1. DEFINITION DATE, PLACE, AND TIME OF AWARDS CEREMONY

The delivery of prizes will be carried out as follows:

-Depending on the Pandemic Evolution

4.2. INDIVIDUAL AND TEAM AGE / GENDER CATEGORIES

In all events, in addition to the absolute general classification, the following scales will be considered, referring to the age of the participant on December 31, 2025:

General M/F

SUB 23 M/F (18 to 23)

Seniors M/F (23 to 39 years old)

M40/ F40 (40 to 44 years old)

M45/ F45 (45 to 49 years old)

M50/ F50 (50 to 54 years old)

M55/ F55 (55 to 59 years old)

M60/ F60 (60 to 64 years old)

M65/ F65 (over 65 years old)

Teams

The team classification will be based on the three best classifications of the respective athletes of the Azores Triangle Adventure.

Azores Triangle Adventure 3 Stages (Stage Race)

Awards

Azores Triangle Adventure 3 Stages (Stage Race)	Male	Female
General	Trophies for the first 3	Trophies for the first 3
All age groups	Trophies for the first 3	Trophies for the first 3
Teams	Trophies for the first three teams	

The prizes will be awarded at the ceremony according to what is on the program.

The trophies must be collected when the prizes are delivered by the athlete or someone indicated by them. The organization will not send awards by mail after the event.

4.3. DEADLINES FOR CLAIMING CLASSIFICATIONS

Complaints must be addressed in writing to the race office within a maximum of 1 hour after the arrival of the last athlete, accompanied by the amount of EUR 50. If the claim is accepted, this amount will be returned to them. Members of the Portuguese Trail Running Association (APTR) will have one week to complain (regarding APTR ranking).

5. IMAGE RIGHTS

The organization reserves the exclusive right to the event's image. The registration in the competition and the consequent acceptance of this regulation implies the participant's authorization to record images derived from his participation. The organization can use them to disseminate and promote the competition in any medium. In this way, the participant gives the organization all image rights related to the use of these recordings. Any project or advertising must have prior authorization from the organization.

6. INFORMATION

6.1. LABEL FOR CHANGING CLOTHES

- Participants in the Azores Triangle Adventure will be provided with a label for a change of clothes bag, which will be forwarded directly to the finish area (arrival).

Participants of the Azores Triangle Adventure deliver the bag to the departure zone, which will be returned to them in the arrival zone upon presentation of the Bib Number identification.

- The organization does not assume any responsibility for the content of the same bags.
- The organization will not transport anything other than the change of clothes bag.

6.2. MODIFICATIONS

These rules can be edited, changed, or improvised at any time by the organization entity without prior notice.

6.3. OTHERS

The race commissioner and race director will decide on all matters related to the event that were not subject to regulation or misinterpreting the present regulation.



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