

R E G U L A T I O N S

utax ²⁰/₂₆ by **SPORT HG**

ultra trail aldeias do xisto

16
oct

utax
103k
6140 m+

17
oct

tsi
54k
3200 m+

18
oct

tx
33k
1600 m+

mtx
16k
700 m+

cx
7.5k
125 m+

inc
7.5k
125 m+

kids



**NATIONAL
LEAGUE** ²⁰²⁶
EUROPEAN FINAL



AXtrail®2026 REGULATIONS

UTAX_TSL_TX_MTX

Caminho do Xisto_AXtrail Kids_AXtrail da Inclusão

1. THE EVENT

AXtrail® was created in 2008 as a pioneering initiative designed to combine sport with nature and with the local communities of the Aldeias do Xisto territory.

Following the success of the first edition, new events were added and, to date, under this designation, 20 events have been organised, comprising a total of 45 trail running races.

AXtrail® is a registered trademark. Events held under this name are organised under the responsibility of Clube de Praticantes Mondego Ultra Trail, tax number 902118820, headquartered at Rua da Igreja n.º 2, Torres do Mondego, 3030-348 Coimbra, Portugal.

All information regarding the event is available at www.axtrailseries.com or may be requested by email at geral@axtrailseries.pt.

2. PROGRAMME

As part of the AXtrail® Series 2026, the twelfth edition of AXtrail and the eighth edition of UTAX – Ultra Trail das Aldeias do Xisto will take place on 16, 17 and 18 October 2026.

The programme includes four competitive races — UTAX, TSL, TX and MTX, the Sprint Trail Race — one hiking event, and two social events: AXtrail Kids and AXtrail da Inclusão.

In parallel with the TSL, and using the same course, the ITRA National League European Final (ITRA NL) will take place. The eligibility criteria, competition format, classification system and prize structure for this competition are defined in a specific regulation. However, all participants in the ITRA NL European Final are also required to comply fully with these Regulations, except where expressly superseded by the specific regulation of that competition.

PRAÇA DA NOTABILIDADE | **CASTANHEIRA DE PERA**

Friday 16 October

Race Office - 10:00 > 22:00

Drop bag delivery – until 22:00

UTAX (103 km) | Partida 22:00

Saturday 17 October

Race Office – 07:00 > 20:00

ITRA National League European Final (54 km) | Start time to be confirmed

TSL (54 km) | Start – **09:00**

Podium Ceremony 107 km and 56 km – [to be confirmed]

Sunday | 18 October

Race Office – 07:00 > 10:30

Trail do Xisto (32 km) | Start – **09:00**

Mini Trail do Xisto (16 km) | Start – **10:00**

Caminho do Xisto (8 km) | Start – to be confirmed

AXtrail Kids | Start – **10:00**

AXtrail da Inclusão | Start – to be confirmed

Podium Ceremony 32 km and 16 km – [to be confirmed]

3. PARTICIPANT REQUIREMENTS AND OBLIGATIONS

To take part in AXtrail®, participants must meet the following requirements:

Be at least 18 years old for UTAX and TSL, 16 years old for Trail do Xisto, and 13 years old for Mini Trail do Xisto. Participants under the age of 18 must submit parental or legal guardian authorisation to the organisation;

Know and accept the terms of these Regulations;

Complete the registration process correctly;

Participants registered for AXtrail® Series acknowledge that they take part voluntarily and under their own responsibility.

Participants therefore agree not to claim or demand from the organisation, staff, authorities, sponsors or other participants any liability beyond that arising from the applicable legal responsibilities and the insurance coverage contracted for the event.

As there will be no road closures, participants must comply with traffic rules in villages and on public roads, as well as respect agricultural land and private property. Participants shall be liable for any damage caused by failure to comply with these rules.

Participants must be aware of the distance and specific characteristics of the races and must be sufficiently trained to complete them.

Participants must have adequate mountain self-sufficiency skills, enabling them to manage adverse situations arising from weather conditions such as night, wind, cold, fog, rain or snow.

Participants must be prepared to deal with physical and mental difficulties resulting from extreme fatigue, digestive issues, joint problems and muscle pain.

Each participant acknowledges that it is not the role of the organisation to resolve physical limitations inherent to the race, and that managing such situations depends on the participant's own preparation and ability to adapt.

Participation is individual. Participants are not allowed to be accompanied by animals.

4. REGISTRATION

The registration fee includes:

	UTAX	TSL	iTRA	TX	MTX	CX
Post-race meal.	●	●	●			
Official event souvenir.	●	●	●	●	●	●
Personalised race bib.	●	●	●	●	●	●
Food and drink at the aid stations.	●	●	●	●	●	●
Finisher's gift.	●	●	●	●		
Additional event souvenirs.	●	●	●	●	●	●
Showers.	●	●	●	●	●	●
Indoor sleeping area (floor accommodation).	●	●	●			
Personal Accident and Public Liability Insurance	●	●	●	●	●	●
Transportation to the finish area in the event of withdrawal or removal from the race by the organisation.	●	●	●	●	●	●

Promotional Registration Period

19 October 2025 – 25 October 2025

- 107km | UTAX - 80€
- 56km | TSL - 35€
- 32km | TX - 20€
- 16km | MTX - 12€
- Caminho do Xisto | 10€

Early Registration Period

26 October 2025 – 31 December 2025

- 107km | UTAX - 100€
- 56km | TSL - 50€
- 32km | TX - 30€
- 16km | MTX - 20€
- Caminho do Xisto | 15€

Standard Registration Period

31 December 2025 – 2 October 2026

- 107km | UTAX - 115€
- 56km | TSL - 60€
- 32km | TX - 40€
- 16km | MTX - 25€
- Caminho do Xisto | 17,5€

4.1. Withdrawal or Distance Change

Should a participant withdraw after registering, the following refund policy shall apply:

Until 31 July – 50%

From 1 August to 18 September – 25%

From 19 September onwards – No refund

Requests to change from one race distance to another will be accepted up to 15 days before race day.

Participants upgrading to a longer distance shall pay only the difference between the registration fees.

No refund will be issued when changing to a shorter distance.

4.2. Transfer of Registration

Participants unable to attend the event may transfer their race bib to another participant upon payment of an administration fee of €5.00.

Transfer requests must be submitted no later than 3 October.

Requests must be submitted by email by the registered participant and must include the bib number, participant's name and ID Card/Passport number.

Upon receipt of the request, the organisation will provide the necessary instructions to complete the transfer.

4.3 Invoicing Information

The invoicing details provided during registration will be used for issuing the invoice.

Should the invoice need to be issued in the name of a company or club, the corresponding billing information must be entered during the registration process.

Once issued, invoices cannot be amended or reissued.

5. MANDATORY EQUIPMENT

During the race, all participants must carry the mandatory equipment required by the organisation.

Mandatory equipment may be checked at any time during the race. Failure to carry the required equipment will result in the penalties set out in Article 15.

MANDATORY EQUIPMENT	UTAX	TSL	TX	MTX
Backpack or simi equipment	●	●		
Windbreaker or rain jacket	●	●		
Termalblanket	●	●	●	●
Headlamp and spare batteries	●	●		
Water tank or equivalent with a capacity of at least 1 litre	●	●	●	●
Back-up food supply	●	●		
A working mobile phone	●	●		
Whistle	●	●		
Red rear light	●			
Pins for a bib or bib holder	●	●	●	●

Recommended Equipment (Optional)

- Trekking poles;
- Gloves and hat/cap;
- Long trousers covering at least the knees;
- Spare clothing and running shoes (UTAX drop bag);
- Cash (to cover any unforeseen circumstances).

UTAX participants may send one drop bag (provided by the organisation) containing spare clothing and/or personal belongings to the main aid station, located approximately halfway through the course.

Drop bags must be handed in before the start of the race and will be returned at the finish line upon presentation of the participant's race bib.

Trekking poles may not be placed inside the drop bag.

The organisation accepts no responsibility for the contents of drop bags.

6. SELF-SUFFICIENCY

Self-sufficiency is defined as the participant's ability to be autonomous between two aid stations, not only regarding food and hydration, but also clothing and personal safety, while being capable of adapting to adverse situations such as bad weather or physical problems.

All participants must be capable of racing under self-sufficiency conditions.

7. RACE OFFICE

The Race Office will operate during the opening hours announced by the organisation. Participants must present a valid identification document when collecting their race bib.

8. RACE BIB

Participants are responsible for ensuring that their race bib remains in good condition and is worn correctly throughout the race.

Participants must bring safety pins or a race bib belt.

The race bib must remain clearly visible on the front of the body at all times during the race (see penalties under Article 15).

As two races will be taking place simultaneously, UTAX and TSL race bibs will feature different numbering sequences and designs, allowing organisers to identify immediately which race each participant is competing in.

9. ESCALÕES

Age categories are determined based on the information provided by participants during registration and according to their year of birth. The reference age is the age the participant will reach by 31 October of the current competition season.

UTAX / TSL / TX / MTX

18–22 years | U23 Men / Women
 23–34 years | Senior Men / Women
 35–39 years | M35 / F35
 40–44 years | M40 / F40
 45–49 years | M45 / F45
 50–54 years | M50 / F50
 55–59 years | M55 / F55
 60–64 years | M60 / F60
 65+ years | M65 / F65

Participants in the ITRA National League European Final shall compete in the age categories defined in the specific regulations governing that competition.

Should any of the races form part of the ATRP National Circuit, the age categories established in the applicable ATRP regulations shall apply for ranking purposes within those circuits.

For ATRP rankings and scoring, the reference age shall be the age the participant reaches on 30 September of the relevant competition season.

For the 2024/2025 season, the reference date shall be 30 September 2025.

10. TIMING

UTAX, TSL, TX and MTX will be electronically timed using a timing chip attached to the participant's race bib.

Within the TSL, two independent classifications will be produced:

the TSL Overall Classification, open to all participants;
the ITRA National League European Final Classification, reserved exclusively for eligible athletes who are officially entered in that competition in accordance with its specific regulations.

The ITRA National League European Final Classification is entirely independent from the TSL Overall Classification and shall follow the eligibility, ranking and prize rules established in the specific ITRA National League European Final Regulations.

Provisional results will be published on the event website immediately after the race.

Any protest or request for correction regarding the results must be submitted by email within one week of the race date.

After this period, the results shall be deemed final and forwarded to the event's official partners.

11. AID STATIONS AND CHECKPOINTS

Checkpoints are compulsory passage points located at positions determined by the Race Organisation.

Each checkpoint will be staffed by members of the organisation.

Unannounced checkpoints may also be installed along the course to ensure that participants follow the official route.

Only participants displaying their race bib will be allowed access to checkpoints and aid stations.

Aid stations will provide food and beverages for immediate consumption.

Water is intended exclusively for refilling bottles, flasks and hydration systems.

When leaving an aid station, each participant is responsible for carrying sufficient food and fluids to reach the next aid station.

At the main aid station, UTAX participants may access the drop bag previously handed over to the organisation before the start of the race.

12. COURSE MARKING

The course will be marked using course marking tape, directional signs, painted markings, reflective markers or other appropriate signage.

Participants must strictly follow the marked course and must not take shortcuts.

If course markings are no longer visible for approximately 200 metres, participants must return to the last confirmed marking before continuing.

Good judgement and common sense must prevail at all times.

13. CUT-OFF TIMES

The maximum allowed time to complete the UTAX is 28 hours.
Intermediate cut-off times will be published together with the course profile.

The maximum allowed time to complete the TSL is 17 hours.
Intermediate cut-off times will be published together with the course profile.

The maximum allowed time to complete the TX is 8 hours.
Intermediate cut-off times will be published together with the course profile.

The maximum allowed time to complete the MTX is 4 hours.
The intermediate cut-off time will be published together with the course profile.

Cut-off times are calculated to allow participants to reach the finish line within the overall time limit, taking into account normal stops for rest and aid.

To continue the race, participants must arrive at and leave each checkpoint before its official closing time. Participants failing to do so will not be authorised to continue and will be disqualified.

Participants removed from the race who nevertheless decide to continue must first surrender their race bib and proceed entirely at their own risk and under their own responsibility.

For safety reasons or in the event of adverse weather conditions, the organisation reserves the right to modify cut-off times, suspend, shorten, neutralise or stop the race.

No refunds shall be granted.

14. PRIZES

The top three finishers in each age category of the UTAX, TSL, TX and MTX races will receive awards.

In addition, trophies will be awarded to the top three overall male and female finishers, who will also receive a complimentary entry to AXtrail® 2027, in the race of their choice.

All finishers of the UTAX, TSL and TX races will receive an official Finisher's Gift.

Prizes awarded in the ITRA National League European Final shall be governed exclusively by the specific regulations of that competition.

14.1. Team Competition

A Team Competition will be held for the UTAX, TSL and TX races.

The top three teams in each race will receive a trophy.

Team rankings shall be determined using the Overall Classification, regardless of gender or age category, by adding together the finishing positions of the first three athletes from each team.

The team with the lowest total score shall be declared the winner.

In the event of a tie, the combined finishing times of the scoring athletes shall determine the final ranking. Example:

Team A: 5th + 6th + 7th = 18 → 1st place

Team B: 3rd + 4th + 12th = 19 → 2nd place

Team C: 1st + 2nd + 17th = 20 → 3rd place

14.2 Prize Ceremony

Saturday | 17 October

Prize Ceremony for UTAX and TSL.

Awards will be presented to the top three overall male and female finishers, together with all age categories that have been completed by the time of the ceremony.

Any remaining prizes may be collected afterwards from the Race Office.

Sunday | 18 October

Prize Ceremony for TX and MTX.

Awards will be presented to the top three overall male and female finishers, together with all age categories that have been completed by the time of the ceremony.

Any remaining prizes may be collected afterwards from the Race Office.

Participants unable to attend the ceremony may nominate another participant to collect the prize on their behalf.

Should trophies, finisher awards or any other items need to be shipped, all shipping costs shall be borne by the recipient.

15. PENALTIES AND DISQUALIFICATION

The Race Jury, composed of the Race Director and the officials responsible for each checkpoint, shall be responsible for enforcing these Regulations.

The Race Jury is authorised to apply the following penalties:

OFFENSE	PENALTY
Failure to carry all mandatory equipment.	Disqualification
Missing a checkpoint	Disqualification
Taking shortcuts	Disqualification
Receiving unauthorised outside assistance	Disqualification
Leaving the marked course	Disqualification
Withdrawing without informing the organisation	Possible exclusion from future editions
Race bib not clearly visible	Penalty at the discretion of the Race Jury
Unsportsmanlike behaviour or disrespect towards participants, volunteers or officials	Disqualification
Littering	Disqualification
Failure to comply with instructions from the organisation	Disqualification
Use of any means of transport	Disqualification

The Race Jury reserves the right to sanction any conduct not specifically listed above that constitutes a breach of these Regulations.

16. WITHDRAWAL, ASSISTANCE AND EMERGENCY

Participants wishing to withdraw from the race must do so only at an official checkpoint or aid station, except where injury or incapacity makes this impossible.

In such circumstances, participants must immediately contact the organisation so that rescue procedures can be activated.

Medical, rescue and support teams will be available throughout the event to assist participants whenever necessary.

The emergency telephone number of the organisation will be printed on each race bib and should also be stored in each participant's mobile phone before the race.

The organisation accepts no responsibility for the participant's physical condition or for any accident or damage occurring before, during or after the event beyond the limits covered by the event insurance.

17. INSURANCE

All participants are covered by a Personal Accident Insurance Policy, which includes reimbursement of medical treatment and repatriation expenses, including hospitalisation and medication, up to an annual limit of €3,500, together with a €20,000 capital benefit in the event of death or permanent disability.

For participants under 14 years of age, the death benefit shall be limited to reimbursement of funeral expenses up to a maximum of €3,000, in accordance with Portuguese law.

Participants must provide all information required to activate the insurance policy (full name and date of birth) at the time of registration and no later than 48 hours before the event. Failure to do so may prevent the insurance from being activated.

In the event of an accident, participants must immediately contact the Race Organisation, which will arrange transfer to the most appropriate medical facility and provide the official accident report, including the insurance policy number, duly completed and signed by the policyholder.

In cases of emergency, where the participant's condition requires immediate medical intervention, it may not be possible to complete the accident report at the time of the incident. In such circumstances, the report will be completed as soon as the participant's condition permits.

Accident report forms will also be available at the Race Office.

All expenses related to an insured accident must initially be paid by the participant, who must subsequently submit the original invoices and supporting documents directly to the insurance company for reimbursement.

The Organisation shall not be responsible for expenses arising from accidents that were not reported in due time to enable activation of the insurance policy.

18. COURSE MODIFICATIONS AND RACE CANCELLATION

The Organisation reserves the right to modify, shorten or suspend the course, change the location of checkpoints and aid stations, adjust cut-off times, neutralise sections of the course or stop the race at any time whenever safety or organisational circumstances so require.

Should severe weather conditions occur, the race start may be postponed for up to two hours.

If weather conditions remain unsafe after this period, the race will be cancelled.

Participants shall not be entitled to any refund in the event of cancellation or modification for safety reasons.

19. OFFICIAL COMMUNICATION

The official AXtrail® website and the AXtrail® Series social media channels are the official means of communication for the event.

Participants are responsible for consulting these official communication channels regularly in order to remain informed about updates, amendments to these Regulations, course changes and registration information.

20. . IMAGE RIGHTS AND PUBLICITY

The Organisation reserves the exclusive rights to the commercial use of the AXtrail® brand and of all photographs, video footage, television images and any other audiovisual material produced during the event.

Any commercial, promotional or advertising use of the event's name or image requires the prior written authorisation of the Organisation.

By registering for the event, participants authorise the Organisation and its partners to use their image, name, voice and sporting performance, captured during the event, for promotional, institutional and commercial purposes, worldwide and without time limitation, with no entitlement to financial compensation.

21. DATA PROTECTION

Access to and use of the registration platform, together with all products and services provided through it, are subject to the platform's own Terms and Conditions and Privacy Policy.

Personal data collected for the event will be processed exclusively for purposes related to participant registration, event management, timing, rankings, insurance and official communications, in accordance with the applicable data protection legislation.

22. FINAL PROVISIONS

Submission of a registration for any AXtrail® event constitutes full knowledge and unconditional acceptance of these Regulations.

Any matters not expressly covered by these Regulations shall be decided by the Organisation, whose decisions shall be final and not subject to appeal.